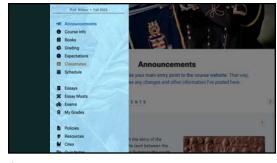






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FY Success Community Meetings

These are group meetings for the whole "block"

Facilitator for Block 41 is Avena Ramautar

First Year Support Specialist

The intent is to provide a chance for students to share issues of concern and to think about issues relating to college success

The two remaining meetings are currently scheduled for:

Thursday, Oct. 5 at 3 p.m.

Thursday, Nov. 16 at 3 p.m.

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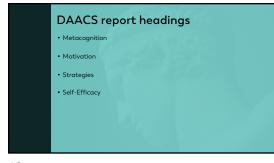


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	Metacognition
	Planning I think of several ways to solve a problem and choose the best one. I think do but what I really need to learn before I begin a task. I ask myself questions about assigned readings before I begin. I think about the best ways to complete assignments before I begin them. When I study for a test, I think about the types of questions that might be on it.
	Monitoring I ask myself periodically if I ammeeting my goals. I find myself profugating the usefulness of my study strategies while I study. I ask myself questions about how well a maid only while I am learning something new. I consider several alternatives to a problem before I answer. I find myself pousing regularly to check my comprehension. I ask myself if what I'm reading is related to what I already know.
	Evaluation     I ask myself if I learned as much as I could have once I finish a task     I ask myself how well accomplished my gods once I m finished.     I summarize what I ve learned after I finish.
 13	

## Motivation Anxiety During important exems. I think that I am doing awful or that I may fell. During important exams, I amnot remember material that I lead that the exam. The doker I amnot am angie exam the harder it is for me to concentrate on the material. When I study for my exams, I wany that I will not remember the material on the exam. Mastery Orientation I find coursework enjoyable. I want to master the things I am learning. What I am learning is relevant to my life. Learning is fur for me. Mindset You can always change how intelligent you are. You intelligence is something about you that you can't change very much. You can learn new things, but you can't really change your basic intelligence. No matter how much intelligence you have, you can always change it quite a bit.

Strategies for Understanding

Help Seeking

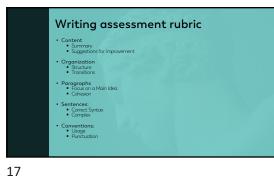
I ask others for help when I don't understand something.
I ask questions about things I don't understand.
I ask my instructor questions when I do not understand something.
I look things up online to help me understand.

Managing Environment
I make sure no are distruts me when I study.
I try to study in a place that has no distractions (e.g., noise, people tailking).
I let people interrupt me when I am studying.
I let electronic devices (e.g., television, cellphones) distract me when I am studying.

Managing Time
When I have an upcoming test, I wait to the last minute to start studying for it.
I pace myself while learning in order to have enough time.
I finish all of my schoolwork before I do anything else.
I use a calendar to organize my time to complete my schoolwork.

15

	Self-Efficacy
	Self-Efficacy for Mathematics     What their inguistic burning in math das, how CO-PEDRT are you that you can effect thely prepare or study for test?     HeWCO-PEDRT are you that you can proform well an math earm, casuring you can use a calculator?     HeWCO-PEDRT are you that you can undestand what math problems are asking 167?     HeWCO-PEDRT are you that you can idea provides you and in it into a mathematical professional professional and institution in a math das?
	Self-Efficacy for Online Learning     When learning in an orline cause, how CONFLENT are you that you can work effectively in peer or group activities?     How CONFLENT are you that you can stop facused when learning to lectures or watching course videos?
	How CONFIDENT are you that you can learn independently without immediate guidance or direction from a teacher?     How CONFIDENT are you that you can effectively manage the required assignments and activities?
	Self-Efficacy for Reading     When adulate seal and an assigned text, to will CONFIDENT are youthed, you can emember the key parts of a reading passage?     HextCONFIDENT are youthed, you can competited reading national fresh that betweet of a referrible vacability of     HextCONFIDENT are youthed, you can accurately a remotive the remove of a length youthing parts about 8     HextCONFIDENT are youthed, you can accurate you for an interest with both youth of a competitive scale?
	Set Efficiency for Wildrag     When what place classes have CO PEDRT or you that you can arganise your witting with a specific authorise in mind     Han CO PEDRT or you that you can use feed to date you witting from table and are desirating on your winting     Han CO PEDRT or you that you can efficiently work and confidentine only you on his home you winting     Han CO PEDRT or you that you can will desire and the support or organized you we making in your willing.
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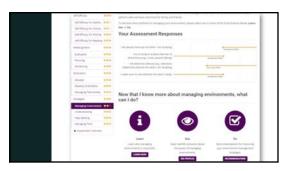


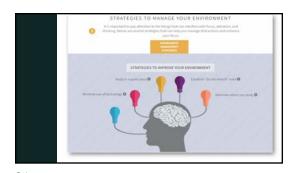
Open Educational Resources (OERs)

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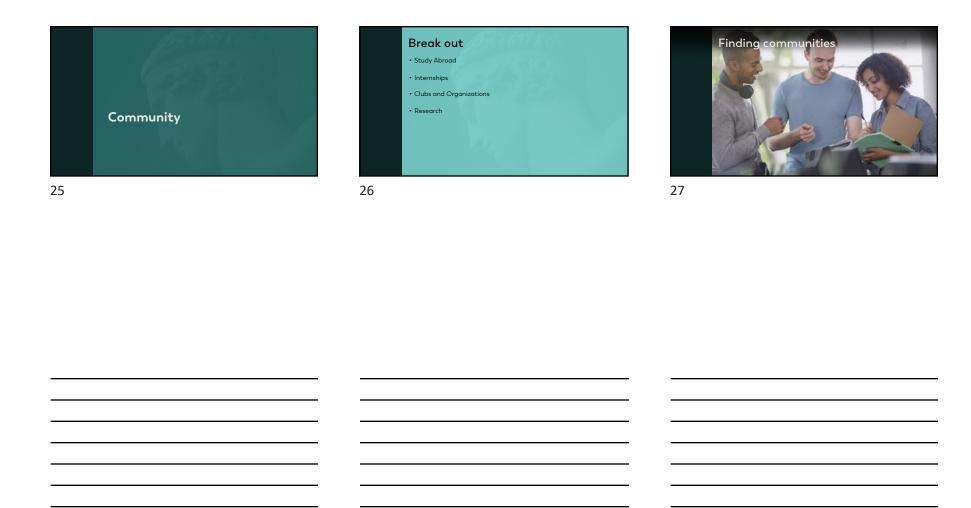
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