Schedule of Readings and Assignments

For each meeting, please come into class having read and thought about the readings assigned for that class.

August 2023							
Su	Мо	Tu	We	Th	Fr	Sa	
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30	31			

	Se	pter	mber	202	23	
Su	Мо	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023							
Su	Мо	Tu	We	Th	Fr	Sa	
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30	31					

	No	over	nber	202	3	
Su	Мо	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

	De	ecer	nber	202	3	
Su	Мо	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

NEW WORLD

1 Meeting 1a

Tuesday, August 29
Before the meeting, read all of the following:
College Success - Getting Started

2 Meeting 1b

Thursday, August 31
Before the meeting, read all of the following:
Short Readings
Hand in your Week 1 Response by Mon., Sep.4.

3 Meeting 2a

Tuesday, September 5
Before the meeting, read all of the following:

Module 1 - Context Matters

- 1- Getting to know Lehman College
- 2- Getting to know your degree options

4 Meeting 2b

Thursday, September 7
Before the meeting, read all of the following:

3- Being a college student First-Year Success meeting follows at 3 p.m. Hand in your Week 2 Response by Mon., Sep.11.

5 Meeting 3a

Tuesday, September 12
Before the meeting, read all of the following:

Module 2 - Know Your Community

- 1- Getting to know others in college
- 2- Communicating and connecting with others
- 3- Get to know what Lehman offers
- 4- Becoming a Leader

6 Meeting 3b

Thursday, September 14
Before the meeting, read all of the following:

Module 3 - Change Is Ubiquitous

- 1- Understanding change
- 2- College expectations
- 3- Flexible thinking and mindset Module 3 - Module 3 Assignment Hand in your Week 3 Response by Mon., Sep.18.

7 Meeting 4a

Tuesday, September 19
Before the meeting, read all of the following:

Before the meeting, read all of the following

Module 4- Wellness is challenging

- 1- What is wellness and well-being?
- 2- Physical wellness and wellbeing
- 3- Intellectual and mental wellness and well-being
- 4- Emotional wellness and well-being
- 5- Social wellness and well-being
- 6- Getting to know Lehman wellness resources

8 Meeting 4b

Thursday, September 21 Guest Speaker Hand in your Week 4 Response by Mon., Sep.25.

STUDENTRY

9 Meeting 5a

Tuesday, September 26

Before the meeting, read all of the following:

Module 5- Professionalism counts

- 1- Empathy and perspective taking
- 2- Communication
- 3- Problem solving

10 Meeting 5b

Thursday, September 28

Before the meeting, read all of the following:

- 4- Presenting yourself
- 5- Working with others
- 6- Lehman College resources

Hand in your Week 5 Response by Mon., Oct. 2.

11 Meeting 6a

Tuesday, October 3

Before the meeting, read all of the following:

Module WS 1 - SMART goals

Module WS 2 - SWOT

Module WS 3 - Capital

12 Meeting 6b

Thursday, October 5

First-Year Success meeting follows at 3 p.m.

Hand in your Week 6 Response by Mon., Oct. 9.

Tuesday, October 10

No meeting-Monday classes meet

13 Meeting 7a

Thursday, October 12

Hand in your Week 7 Response by Mon., Oct. 16.

14 Meeting 8a

Tuesday, October 17

Before the meeting, read all of the following:

Module 1- Academic integrity

15 Meeting 8b

Thursday, October 19

Before the meeting, read all of the following:

Module 2- College Reading

Hand in your Week 8 Response by Mon., Oct. 23.

16 Meeting 9a

Tuesday, October 24

Before the meeting, read all of the following:

Module 3- Information Literacy and Library

17 Meeting 9b

Thursday, October 26

Before the meeting, read all of the following:

Module 4- College Writing

Hand in your Week 9 Response by Mon., Oct. 30.

CRITICAL THINKING

18 Meeting 10a

Tuesday, October 31

19 Meeting 10b

Thursday, November 2

Hand in your Week 10 Response by Mon., Nov. 6.

20 Meeting 11a

Tuesday, November 7

21 Meeting 11b

Thursday, November 9

Hand in your Week 11 Response by Mon., Nov. 13.

22 Meeting 12a

Tuesday, November 14

23 Meeting 12b

Thursday, November 16

First-Year Success meeting follows at 3 p.m.

Hand in your Week 12 Response by Mon., Nov. 20.

24 Meeting 13a

Tuesday, November 21

Your first draft of the critical thinking essay is due Mon., Nov. 27.

Thursday, November 23

No meeting—Thanksgiving Day

25 Meeting 14a

Tuesday, November 28

26 Meeting 14b

Thursday, November 30

Hand in your Week 14 Response by Mon., Dec. 4.

27 Meeting 15a

Tuesday, December 5

28 Meeting 15b

Thursday, December 7

The critical thinking essay is due Mon., Dec. 11.